| **Mutual aid and community support East Durham (including Durham City)** |
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| **Category** | **Offer** | **Date and time**  | **Contact**  |
| **Shotton Community Hub** Bridge Road Shotton Colliery DH6 2PQ | **Community Support** Support and signposting to other agencies.Delivery of cooked meals to families in isolation.  | Monday to Friday 9.30am-2.30pm | Telephone: 0191 526 4213 |
| **Trimdon Community College** Elwick View TrimdonTS29 6JU | **Community Support** Staff at the Community College want to support the community through this difficult time. They offer a scheme which offers a weekly call for a chat to make sure you are well and help to alleviate feelings of fear or loneliness. | Coronavirus period | Telephone: 01429 881 521Your number will be kept on file to for weekly checks.  |
| **Community Spirit** **Peterlee** | **Community Support**For people living in the Cotsford Hall Neighbourhood and need support through the period of the Coronavirus. Help with feelings of anxiety or loneliness through chat. | Coronavirus period | Telephone: Louise on 07882 562 196 Paul on 07507 638 222 Sharon 07810 405 190Email: volunteers-in-peterlee@gmx.com |
| **Wheatley Hill COVID-19 Support**  | **Community Support**We can offer support with home deliveries, and shopping for vulnerable people within Wheatley hill  | Monday to Friday  | For more information and to access this service call 07971250262 |
| **Shadforth Community Support** | **Community Support**Picking up shopping and prescriptions for the elderly and vulnerable.  Supportive telephone calls can be made. | Coronavirus period | To use this service contact Chris Turner who will put you in contact with a volunteer. Telephone: 0191 3720804Email: cd.turner@hotmail.com |
| **High Shincliffe Volunteers** | **Community Support**Collecting shopping, collecting prescriptions, posting mail and being a friendly point of contact.Covers High Shincliffe and Sherburn Village | Coronavirus period | To use this service callNigel Jackson on 0191 3849932Email:nigel.jackson6@btinternet.comor call Shincliffe Parish Council07701027450 |
| **Gilesgate Coronavirus Group** | **Community Support**Mutual Aid group covering Gilesgate area offering support with self-isolation and not being able to access food, necessities, or medication.  | Coronavirus period | To register for this service call0191 649 8893Or visit us on <https://www.facebook.com/groups/GilesgateUpdate/> |
| **Dawdon Youth and Community Centre Co-Vid19** | **Community Support**Continuing to support the community by delivering food parcels.Seaham area  | Coronavirus period | Please visit our website [www.facebook.com/DawdonYouthAndCommunityCentre/](https://www.facebook.com/DawdonYouthAndCommunityCentre/) |
| **Durham City Mutual Aid (Covid-19)** | **Community Support**Among things we plan to provide help delivering groceries, collect food and supplies for those who can’t do it themselves | Coronavirus period | To Register for this service call 0191 649 8893Or emaildurhamcity.aid@gmail.com |
| **Community Spirit Peterlee**  | **Community Support**Offering Neighbourhood support with the following:Shopping, telephone monitoring/counselling and * sign posting to other aid agencies
 |  | To register for this service callPaul Wildingon 07507 638 222or Email community.spirit@gmx.com |