| **Mutual aid and community support East Durham (including Durham City)** | | | |
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| **Category** | **Offer** | **Date and time** | **Contact** |
| **Shotton Community Hub**  Bridge Road  Shotton Colliery  DH6 2PQ | **Community Support**  Support and signposting to other agencies.  Delivery of cooked meals to families in isolation. | Monday to Friday  9.30am-2.30pm | Telephone: 0191 526 4213 |
| **Trimdon Community College**  Elwick View  Trimdon  TS29 6JU | **Community Support**  Staff at the Community College want to support the community through this difficult time. They offer a scheme which offers a weekly call for a chat to make sure you are well and help to alleviate feelings of fear or loneliness. | Coronavirus period | Telephone: 01429 881 521  Your number will be kept on file to for weekly checks. |
| **Community Spirit**  **Peterlee** | **Community Support**  For people living in the Cotsford Hall Neighbourhood and need support through the period of the Coronavirus. Help with feelings of anxiety or loneliness through chat. | Coronavirus period | Telephone:  Louise on 07882 562 196  Paul on 07507 638 222  Sharon 07810 405 190  Email: volunteers-in-peterlee@gmx.com |
| **Wheatley Hill COVID-19 Support** | **Community Support**  We can offer support with home deliveries, and shopping for vulnerable people within Wheatley hill | Monday to Friday | For more information and to access this service call 07971250262 |
| **Shadforth Community Support** | **Community Support**  Picking up shopping and prescriptions for the elderly and vulnerable.  Supportive telephone calls can be made. | Coronavirus period | To use this service contact Chris Turner who will put you in contact with a volunteer.  Telephone: 0191 3720804  Email: cd.turner@hotmail.com |
| **High Shincliffe Volunteers** | **Community Support**  Collecting shopping, collecting prescriptions, posting mail and being a friendly point of contact.  Covers High Shincliffe and Sherburn Village | Coronavirus period | To use this service callNigel Jackson on  0191 3849932  Email:  [nigel.jackson6@btinternet.com](mailto:nigel.jackson6@btinternet.com)  or call Shincliffe Parish Council  07701027450 |
| **Gilesgate Coronavirus Group** | **Community Support**  Mutual Aid group covering Gilesgate area offering support with self-isolation and not being able to access food, necessities, or medication. | Coronavirus period | To register for this service call  0191 649 8893  Or visit us on  <https://www.facebook.com/groups/GilesgateUpdate/> |
| **Dawdon Youth and Community Centre Co-Vid19** | **Community Support**  Continuing to support the community by delivering food parcels.  Seaham area | Coronavirus period | Please visit our website  [www.facebook.com/DawdonYouthAndCommunityCentre/](https://www.facebook.com/DawdonYouthAndCommunityCentre/) |
| **Durham City Mutual Aid (Covid-19)** | **Community Support**  Among things we plan to provide help delivering groceries, collect food and supplies for those who can’t do it themselves | Coronavirus period | To Register for this service call 0191 649 8893  Or email[durhamcity.aid@gmail.com](mailto:durhamcity.aid@gmail.com) |
| **Community Spirit Peterlee** | **Community Support**  Offering Neighbourhood support with the following:  Shopping, telephone monitoring/counselling and   * sign posting to other aid agencies |  | To register for this service call  Paul Wildingon 07507 638 222  or  Email [community.spirit@gmx.com](mailto:community.spirit@gmx.com) |